

Play Therapy Toolkit



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Play Therapy Services



Where Can I Find Resources?

Students and professionals that are new to play therapy often ask me for resources about training, interventions, videos, or websites that I use to work with kids. This list gives beginning play therapists a brief introduction to tools and resources that will help build your play therapy toolkit. These are all resources that I actually use! Many great professionals might be left out...I am still learning myself. Hope you find it helpful!

A

The Association for Play

Therapy www.a4pt.org

Go here for information about joining APT or finding approved training. Quarterly magazine and journal included in the membership & well worth the cost!!!

Child Therapy Toys

www.childtherapytoys.com

This is a great website for building your playroom or portable play kits. Also, they have great workbooks, videos, and other reading materials.

C

B

Bruce Perry

www.childtrauma.org

The author of a great book, "The Boy Who Was Raised As A Dog." Also great training about trauma and the brain.

DC 0-3R

www.zerotothree.org

For infant mental health & diagnosis of younger children. This manual is a great resource. The website is a great resource for child development and parenting tips.

D

Experiential Play Therapy

<http://www.playtherapy.ws/>

Byron and Carol Norton offer great webinars about experiential play therapy and symbolism in play sessions.

E

F

http://www.play-therapy.com/professionals_cert.html

Filial Therapy

Rise van Fleet's website offers a wealth of information about filial play therapy and animal assisted therapy as well.

G

Gary Landreth

<http://cpt.unt.edu/>

One of the most quoted, respected, and referenced play therapists around. The Center for Play Therapy at UNT is a great place for training and consultation.

How To....

Make Play Dough... Follow these simple instructions.

<http://www.pbs.org/parents/crafts-for-kids/no-bake-play-dough/>

H

International Colleagues in Play Therapy Group

<https://www.facebook.com/groups/156567707722111/>

Facebook group- not for specific case consultation, but great for resources and professional support.

I

J

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Shameless self-promotion! Bookmark my site for blog posts, training opportunities or to make a referral for therapy services.

K

Dr. Kay Trotter

<https://www.pinterest.com/drkaytrotter/>

One of the professionals that I like to follow on Pinterest. Among others, she pins great resources on everything related to play,

M

Cathy Malchiodi

<http://www.cathymalchiodi.com/art-therapy-courses/>

Cathy is a great resource for anything art therapy related. Another area for trauma related resources as well.

N

National Child Traumatic Stress Network

www.nctsn.org

Find resources on every topic you can imagine related to working with children (abuse, disasters, war, military, etc).

L

Liana Lowenstein

<http://www.lianalowenstein.com/eBookletForm.html>

This free ebook download has great play therapy interventions. Liana also provides instructional videos on YouTube.

O

Oriental Trading

<http://www.orientaltrading.com/>

A go-to site for arts and crafts and other supplies that you might need for a therapy group or a party at your office.

P

Pam Dyson

<http://www.dfwplaytherapy.com/>
A social media wizard. Pam Dyson has great content on Facebook, Pinterest, and YouTube. She also provides training in Texas and as a guest speaker throughout the U.S.

Q

Questions?

www.a4pt.org

Members (only) of the Association for Play Therapy have exclusive access to "Community Forums" where you can ask questions about play therapy topics.

Registered Play Therapist/Supervisor

<http://www.a4pt.org/?page=Credentials>

Links to the requirements and applications for becoming a Registered Play Therapist or Supervisor.

R

Sand Tray

GET GOOD TRAINING SOMEWHERE!

Amy Flaherty in Arkansas

<http://southernsandtray.com/>

Dr. Gita Morena in California

<http://www.gitamorena.com/>

sandplay-therapy/

S

T

Tools of the Mind Preschool

<http://www.toolsofthemind.org/>

A research based early intervention program where kids create play plans each day. Their focus on make believe play helps develop executive function skills.

U

University Programs

<http://www.a4pt.org/?page=PTUniversities>

Search here for approved play therapy courses and full play therapy certificate programs around the country.

W

Make A Wish Foundation

<http://wish.org/>

A classic resource for children with life threatening illnesses. On a smaller scale, explore the wishes of the children you serve.

Y

You Tube

https://www.youtube.com/watch?v=IhFhfamS_ul

Search for APT, Pam Dyson, Liana Lowenstein, Gary Landreth, etc. TONS of videos!

V

Viola Brody

The founder of developmental play therapy and treatment of attachment problems. Dr. Janet Courtney provides great training in developmental play techniques.

<http://www.janetcourtneyphd.com/care.htm>

X

eXtra, eXtra Reading

<http://www.nancyboydwebb.com/>

Dr. Webb has published many great resources about play therapy and traumatized children.

!

Z

Zentangle

www.zentangle.com

A type of art therapy that uses drawing to increase focus and creativity. You can find examples on Pinterest and trainers across the country.